

# Staff Wellbeing Team Training for Schools



Everything you need to jumpstart a Staff Wellbeing Team in school today!

**Friday 22 November 2019, 10am-3.30pm**  
Tanfield Lea Business Centre,  
Tanfield Lea, Durham DH9 9DB  
(Easy to find, plenty of free parking)

Research shows that involving staff in their own wellbeing is engaging and impactful. A Staff Wellbeing Team immediately creates this effect and continues to do so in the longterm.

The Staff Wellbeing Team Model uses a unique evidenced-based Staff Wellbeing Team Handbook, completely tailorable to your school. This easily systematises all your previous and future wellbeing initiatives and incorporates them into a single, evidenced framework. All of this is carried out by Staff Wellbeing Team volunteers. Join us at this event and find out how you can begin the Staff Wellbeing Team process in your school.

## You will learn

- How to make an **immediate difference** to staff wellbeing
- Why SWTs work **consistently**
- How to **introduce** the SWT model to your staff
- How to enable wellbeing **ownership** across school
- Where SWTs successfully **tick Ofsted boxes**
- How SWTs integrate **organic CPD**

## Who should attend?

The Headteacher, along with (where possible) a second person in school interested in staff wellbeing. Dual CPD attendance has been shown to have greater impact once back in school. The second attendee from your school (attending at the same time at the HT) is offered a reduction for this reason.

**Course cost and application details - please see overleaf.**

## Your facilitator

Dr Jane Anderson has worked in education, training and development for 30 years. She developed the Staff Wellbeing Team Model as a result of collaborative research involving schools, higher education and education specialists. Her book *The DeCluttered School* investigates how schools can improve lives for all by addressing the sheer amount of stuff that typically encumbers and depletes them.

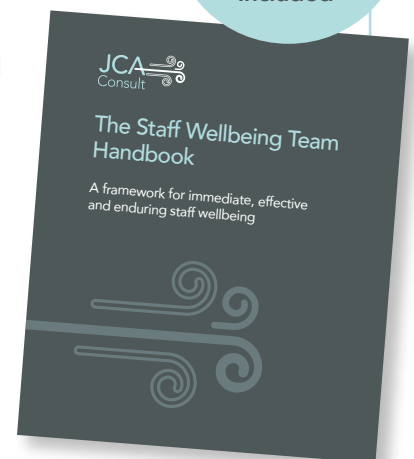
## 10 Good Reasons for Adopting the Staff Wellbeing Team Model

1. Meets Ofsted criteria for **consistent** staff safeguarding, engagement and duty of care
2. **Frameworks and systematises** all your current and future staff wellbeing initiatives
3. **Easy and inexpensive** to put in place
4. Built on over 15 year's of educational **research**
5. **Tailors** to your school's unique wellbeing profile
6. Creates trust and involvement based on your school's values
7. Reaches, represents and **engages** your entire school staff
8. Records **trackable evidence** of individual ownership, distributed leadership and reflective practice and more
9. Significantly supports **headteacher health and wellbeing**
10. Contributes to school wellbeing **culture shift**

## The Staff Wellbeing Team Handbook

- Step-by-step instructions for setting up a SWT
- Plenty of tips and practical advice
- Evidence record templates included
- Easily tailorable to your school
- Absolutely user-friendly materials
- Enables rotated and distributed leadership

Unique Staff Wellbeing Team Handbook included



# Application Form



Event title:

Event date:

Event venue:

(Please note: plenty of free parking available)

1st person's name:  2nd person's name:

Organisation name:

Address:

Post code:

Tel no:  Email:

Individual access, dietary, sensory requests:

**Course cost:** £350 per person  
(special rate for a second person attending from the same school on the same day: £300)

**I understand that I will be invoiced upon application:**

**Cancellation Policy:** Unfortunately we cannot give refunds.

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**Materials:** please bring along your own file and pens and/or IT device.

**Photography and recording:** please note neither is allowed during training. All course content is copyright and confidential.

**Lunch and refreshments:** are included throughout the day.

**Individual requests:** at the time of booking, please let us know about any particular access, learning or dietary needs you have so we can cater properly for you.

**Acknowledgement:** please note that your submission of this application form along with your payment constitutes acceptance.

**Feedback:** our training and events are constantly being improved. Your feedback assists us to get the process right. Please let us know what you appreciate about our work and where we can improve our service.

**Our pricing policy:** we endeavour to ensure that our training is as accessible to as many school staff as possible by keeping our pricing as reasonable as possible (without forfeiting quality). We have small delegate-to-trainer ratios to allow for greater individual attention and use carefully sourced, pleasant and easy-to-find venues. If we can improve any of this, please let us know.